

## Week one

Monday

29/04 20/05 17/06 08/07 09/09 30/09 21/10

Choose a main meal...

Tomato & Mozzarella Pizza with Jacket Wedges<sup>v</sup>

Chinese Style Veggie Noodles<sup>v</sup>

A Selection of Sandwiches & Loaded Jacket Potatoes

on the side...

Broccoli

Sweetcorn

for dessert...

Mango Frozen Yoghurt with Fruit Slices\*

Tuesday

Choose a main meal...

Chicken & Potato Bake

Veggie Pasta Bolognese<sup>v</sup>

A Selection of Sandwiches & Loaded Jacket Potatoes

on the side...

Green Beans

Mediterranean Vegetables

for dessert...

Pineapple & Peach Crumble\* with Custard

Wednesday

Choose a main meal...

Roast Turkey with Roast Potatoes & Gravy

Sweet Potato & Chickpea Roast<sup>v</sup> with Roast Potatoes & Gravy

A Selection of Sandwiches & Loaded Jacket Potatoes

on the side...

Carrots

Cabbage

for dessert...

Flapjack with Fruit Slices\*

Thursday

Choose a main meal...

BBQ Beef Meatballs with Wholegrain Rice\*\*

BBQ Sweetcorn Stack<sup>v</sup> (Layered Tortilla Bake) with Wholegrain Rice\*\*

A Selection of Sandwiches & Loaded Jacket Potatoes

on the side...

Sweetcorn

Roasted Seasonal Vegetables

for dessert...

Brownie Cake with Banana\*

Friday

Choose a main meal...

Golden Cod Fish Fingers or Salmon Fish Fingers<sup>\*\*\*</sup> with Chips

Vegetarian Hotdog<sup>v</sup> with Chips

A Selection of Sandwiches & Loaded Jacket Potatoes

on the side...

Peas & Carrots

Baked Beans

for dessert...

Berry Chill\* (Fruits of the Forest Mousse)

## Week two

06/05 03/06 24/06 15/07 16/09 07/10

Choose a main meal...

Vegetable Supreme Pizza<sup>\*\*v</sup> with Pasta Salad

BBQ Quorn Burger<sup>v</sup> with Pasta Salad

A Selection of Sandwiches & Loaded Jacket Potatoes

on the side...

Sweetcorn

Peas

for dessert...

Banana & Apricot Flapjack\*

Choose a main meal...

Pork Sausages with Creamed Potato

Vegetarian Sausages<sup>v</sup> with Creamed Potato

A Selection of Sandwiches & Loaded Jacket Potatoes

on the side...

Roasted Peppers & Sweetcorn

Baked Beans

for dessert...

Pear Upside Down Cake\* with Custard

Choose a main meal...

Roast Chicken with Roast Potatoes & Gravy

Cauliflower & Creamed Corn Bake<sup>v</sup> with Roast Potatoes

A Selection of Sandwiches & Loaded Jacket Potatoes

on the side...

Cabbage

Carrots

for dessert...

Fruit Slice\*

Choose a main meal...

Pasta Bolognese\*\*

Mild Chickpea Curry<sup>v</sup> with Wholegrain Rice\*\*

A Selection of Sandwiches & Loaded Jacket Potatoes

on the side...

Broccoli

Sweetcorn

for dessert...

Oatie Biscuit with Fruit Slices\*

Choose a main meal...

Crispy Battered Fish (Crispy Battered Pollock) with Chips

Baked Bean & Cheese Wrap<sup>v</sup> (Folded Tortilla Wrap) with Chips

A Selection of Sandwiches & Loaded Jacket Potatoes

on the side...

Peas & Carrots

Baked Beans

for dessert...

Strawberry Frozen Yogurt with Fruit Slices\*

## Week three

13/05 10/06 01/07 02/09 23/09 14/10

Choose a main meal...

Mac 'N' Cheese<sup>v</sup> (Macaroni Cheese)

Vegetable Korma<sup>v</sup> with Wholegrain Rice\*\*

on the side...

Peas

Mediterranean Vegetables

for dessert...

Fruity Apricot Bar\*

Choose a main meal...

Chicken & Sweetcorn Pizza with Pasta Salad

Cheesy Bubble & Squeak<sup>v</sup>

A Selection of Sandwiches & Loaded Jacket Potatoes

on the side...

Roasted Summer Vegetable Medley

Sweetcorn

for dessert...

Crunchy Chocolate Biscuit with Fruit Slices\*

Choose a main meal...

Roast Pork with Roast Potatoes & Gravy

Quorn Roast<sup>v</sup> with Roast Potatoes & Gravy

A Selection of Sandwiches & Loaded Jacket Potatoes

on the side...

Carrots

Cabbage

for dessert...

Blueberry Frozen Yogurt with Fruit Slices\*

Choose a main meal...

Beef Burger with Jacket Wedges

Vegetable Lasagne<sup>v</sup> with a Herby Bread Wedge\*\*

A Selection of Sandwiches & Loaded Jacket Potatoes

on the side...

Broccoli

Sweetcorn

for dessert...

Apple & Berry Crumble\* with Custard

Choose a main meal...

Golden Cod Fish Fingers with Chips

Sweet Potato & Chickpea Burger<sup>v</sup> with Chips

A Selection of Sandwiches & Loaded Jacket Potatoes

on the side...

Baked Beans

Peas & Carrots

for dessert...

Chocolate Shortbread with Fruit Slices\*

All our milk is Red Tractor approved



WE BUY 95% of our seasonal vegetables direct from British growers



ALL OUR BEEF is from THE UK OR IRELAND

FRESH SALAD

IS AVAILABLE ON A DAILY BASIS

REDUCING OUR CARBON FOOTPRINT OVER 30% of our products are transported by vehicles that run on biodiesel

ALL OUR BANANAS ARE FAIRTRADE



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Self Serve Salad Bar & Fresh Home Baked 50/50 Bread available daily  
Fresh Fruit or Yogurt and a choice of Organic Milk, Fruit Juice & Cool Water served daily \*Fruit Based \*\*Wholegrain \*\*\*Oily Fish <sup>v</sup> Vegetarian  
If your child receives or needs a special diet or allergen menu, please speak to your catering manager or contact us



WE SUPPORT 82 BRITISH DAIRY FARMS



We only use Lion Quality British Eggs

FARM TO FORK We can trace every cut of meat back to the farms of origin

ALL OUR BREAD IS FRESHLY BAKED EVERY DAY

